

# SUSTENANCE

## HEALTHY

CREAMY PORRIDGE / 5.95 (V) (GF)

With honey and mixed berries, alternative milks available

GRANOLA / 6.95 (V)

With yoghurt and mixed berry compôte

## HEAVENLY

BUTTERMILK PANCAKES / 8.95 (V)

Choice of banana and maple syrup, mixed berry compôte, crème fraîche or crispy bacon and maple syrup

## HEARTY

FULL BREAKFAST / 11.50

Scrambled egg and chive, sausage, bacon, grilled tomatoes, panfried mixed mushrooms and bubble & squeak

NOT SO FULL BELLY ENGLISH / 6.50

Smaller version of the above

VEGGIE FULLY BELLY ENGLISH / 11.50 (V)

Scrambled egg and chive, 3 slices of halloumi, pan fried mixed mushrooms, slow roasted herbed tomatoes, dish of mashed avocado, homemade baked beans and bubble & squeak

VEGGIE NOT SO FULL BELLY ENGLISH / 6.50 (V)

Smaller version of the above

SIMPLY EGGS / 5.95 (V)

Eggs how you like them on toast

PETITE SIMPLY EGGS / 4.50 (V)

For little bellies

CHEESY EGG & BACON / 8.50

Scrambled egg, gruyere and pancetta on sourdough toast

## AVOCADO TOASTS

Served on toasted rustic olive bread

CHILLI AVO / 7.50 (VB)

Avocado and fresh chillies

KICK-START AVO / 7.50 (VB)

Avocado with olive oil, mixed seeds, chia, pumpkin, sesame, sunflower, nigella and coriander

NORDIC AVO / 9.50

Avocado, smoked salmon, capers, boiled egg and parsley

MED AVO / 8.95 (V)

Avocado, chilli, cherry tomatoes, feta, pumpkin seeds and pesto

FUN GUY AVO / 8.95 (VB)

Avocado, sautéed wild mushrooms, spring onion, pesto and tahini sauce

## EGGS BENEDICT

- CLASSIC With ham ..... 7.95
- FLORENTINE (V) With spinach, mushroom ..... 7.95
- ROYAL With hot smoked salmon ..... 8.95

## BREAD & PASTRIES

TOAST / 2.95 (V)

Toasted bread & butter, served with Jam, marmalade or homemade lemon curd

TOASTED TEACAKE & BUTTER / 3.50 (V)

BANANA BREAD TOAST With brown sugar butter / 4.95

LEMON & POPPY SEED TOAST With homemade lemon curd / 4.95

HOMEMADE CHEESE SCONES And marmite butter / 1.95

BREAKFAST MUFFIN (V) (GF) ..... 6.50

Sriracha mayo, chive omlette, cheddar slice and pancetta or avocado

BEST BUBBLE IN THE WORLD (V) (GF) ..... 7.50

Our extra special bubble & squeak with 2 fried eggs

TOFU SCRAMBLED (VB) ..... 8.50

Spiced tofu with sautéed wild mushrooms spinach, black beans, red peppers and toasted rye

HOMEMADE BEANS ON TOAST (VB) ..... 7.50

Our tomato based recipe baked beans on chunky sourdough toast

CROQUE MONSIEUR OR CROQUE MADAME (With egg) ..... 7.95 / 8.20

French style ham & cheese toastie, made with gruyere, bechamel and sliced ham served with slow roasted tomatoes

## • SOURDOUGH TOASTIES 8.50 •

BEFORE 12PM WITH A SIDE OF HEINZ BEANS, AFTER 12PM WITH A GREEN SALAD BOWL

- MELTED 3 CHEESES (V) • ROASTED HAM & 3 CHEESES
- TUNA MAYO & 3 CHEESES • BACON, CHILI JAM & 3 CHEESES
- SAUSAGES, RED ONION MARMALADE & 3 CHEESES
- ROASTED CHICKEN, PANCETTA, MAYONNAISE & 3 CHEESES
- MEDITERRANEAN GRILLED VEGETABLES & 3 CHEESES

WELSH RAREBIT (V) ..... 7.20

A classic made from our family recipe

PORTOBELLO MUSHROOM BURGER (V) ..... 7.95

With spinach, cheese, fried egg and chipotle ketchup, served on a toasted brioche bun

MEDITERRANEAN TOMATO AND HERB SOUP ..... 5.95

With homemade foccacia bread

Barbie bean bowls & sourdough toast / 8.50

Avocado, feta and poached egg (V)

Halloumi, sautéed mushroom and poached egg (V)

Ham hock, melted 3 cheese and poached egg

DON'T BE AUNTIE SOCIAL! 

 STOP THE WORLD

 STOPTHEWORLDCAFE

